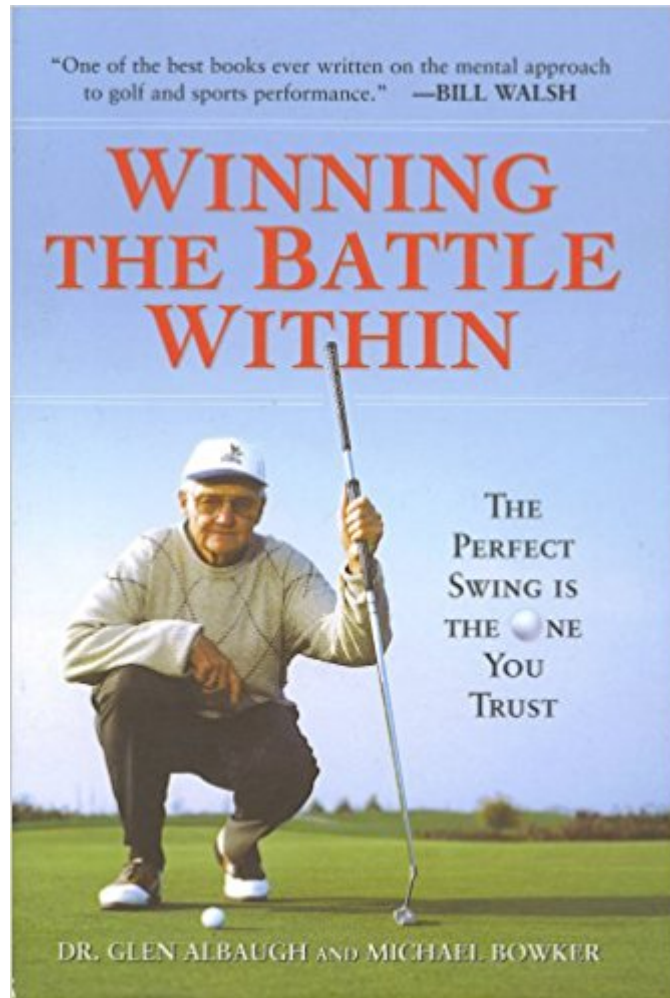




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Publisher: Kele Publishing; First Edition edition (January 1, 2006)

Language: English

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Customer Reviews

Excellent book on the importance of visualization and belief to the game of golf and to life in general. Love the book.

I have just finished reading Dr. Albaugh's work. It won't be the only time I do so as it has already had a marked impact upon my game. It 'taint about how you swing the club, it's about getting yourself out of the way so you can play the best golf you can play. If that doesn't make sense, read the book and it will.

We're very happy with this purchase. It was exactly was we wanted and was a very good value. Thank you!

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Recommended by my golf pro this book is a MUST READ to improve your mental game. If you don't read this tome then you're not interested in improving!

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